

A LITTLE BOOK OF QUIET MAGIC

SEVEN CANDLELIT MOMENTS

A cozy seven-moment printable
Inspired by the novel

KATHRINE ROWAN

A LITTLE GIFT

Seven simple invitations to slow down, inspired by the atmosphere of The Catkeeper of Lantern Lane. These are original companion activities, not scenes or instructions from the novel.

Choose a moment, in any order. Keep your answers or simply enjoy the pause.

MOMENT 01

The unhurried kettle

Make your usual tea or coffee. Before reaching for your phone, look out of the nearest window. Describe the light in five words.

Five words for this morning:

MOMENT 02

A walk without a task

Take a short walk, even if it is only to the end of your road. Notice one thing whose small beauty you usually miss.

What I noticed:

MOMENT 03

A page in the sketchbook

Draw the outline of something familiar: a mug, a leaf, a doorway. This is not an art lesson; it is a minute of attention.

Something worth looking at twice:

MOMENT 04

A seat by the window

Choose a comfortable place to read for ten minutes. Give yourself permission to stay longer if you wish.

The line I carried away:

MOMENT 05

A kindness that asks for nothing

Think of a small kindness you could offer without making an occasion of it. In these stories, care often arrives quietly.

A kindness I noticed or shared:

MOMENT 06

The change of season

Look for one sign that a season is turning: a different angle of light, a new sound, a branch, a scent.

A small sign of change:

MOMENT 07

A door left open

Consider something you have not yet decided. What happens if you let it remain unanswered for one more evening?

What I can allow to unfold:

Thank you for stepping into Lantern Lane. For more quiet magic, meet Nora Brennan in The Catkeeper of Lantern Lane.

READ THE COMPLETE NOVEL ON AMAZON

www.amazon.com/dp/B0H6KKZ8XS